

8-18 yrs

The Hive



Youth
in mind

Feeling... down

anxious

stressed

confused

worried



- A safe and confidential space for you to talk
- We are here to listen

When: Wednesdays between 4-8pm.
Just turn up or arrange an appointment using the details below.

Where: 216-218 Katherine Street,
Ashton-under-Lyne, OL6 7AS

Our café is available for your friends and family to relax with you throughout the evening.

**FREE
DROP
IN**

**OR
BOOKABLE
SLOTS**

If you are under 13 you will need to be with a parent or carer.

If you are interested please contact us on

0161 330 9223

For more information check out our website
<http://www.togmind.org/youth-mind/>.

Tameside, Oldham and Glossop Mind

216-218 Katherine Street

Ashton-under-Lyne, Lancashire, OL6 7AS

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Web: www.togmind.org

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for better mental health

Tameside, Oldham
and Glossop